

FAMILY DISASTER SUPPLY KIT

There are six basics that you should stock for your disaster supply kit: water, food, clothing and bedding, first aid supplies, tools and emergency supplies and special items. Keep these items in a waterproof container that can be easily transported from your home to your car and your safe place. Assemble your kit now to allow for immediate action during an emergency. Your family's disaster supply kit should include at least a three-day supply of:

- Water - One gallon of water per person per day
- Non-perishable food – Select food items that are compact and lightweight. Include the following items:
 - Ready-to-eat canned meats, fruits and vegetables
 - Canned juices
 - High energy foods
 - Vitamins
 - Comfort goods
 - Condiments
 - Food for infant
- Clothing and bedding – Include at least one complete change of clothing and footwear per person and the following weather-appropriate items:
 - Sturdy shoes or work boots
 - Rain gear
 - Blankets or sleeping bags
 - Hat and gloves
 - Thermal underwear
 - Sunglasses
- First aid supplies – Assemble a first aid kit for your home and one for each car
- Tools and emergency supplies
 - Emergency Preparedness manual
 - Flashlight and extra batteries
 - Non-electric can opener, utility knife
 - Tube tent
 - Tape
 - Matches in a waterproof container
 - Plastic storage containers
 - Paper, pencil
 - Medicine dropper
 - Whistle
 - Sanitation supplies
 - Louisiana Citizen Awareness and Disaster Evacuation Guide
 - Battery-operated radio and extra batteries
 - Cash or traveler's checks, change
 - Fire extinguisher: small canister ABC-type
 - Pliers
 - Compass
 - Aluminum foil
 - Signal flare
 - Needles, thread
 - Shut-off wrench to turn off household gas and water
 - Plastic sheeting
 - Official DOTD Travel Map
 - Mess kits, paper cups, plates, and plastic utensils
- Special items
 - Infant and medical supplies: Remember supplies for family members with special requirements, such as infants, elderly, persons with disabilities and persons taking medication
 - Entertainment – Games and books
 - Important family documents
 - Wills, insurance policies, contracts, deeds, stocks, bonds
 - Passports, social security cards and immunization records
 - Bank account numbers
 - Credit card account numbers and company addresses

- Inventory of valuable household goods and important telephone numbers
- Family records (birth, marriage, death certificates)

Store your kit in a conventional place known to all family members. Keep a smaller version of the supply kit in the trunk of your car. Change your stored water supply every six months so it stays fresh. Replace your stored food every six months. Re-think your kit and family needs at least once a year. Replace batteries, update clothes, etc.

EMERGENCY SHELTER INFORMATION POINTS

Evacuation Area of the State	Information Point Location	Address
Re-entry from Mississippi on Us 65 & US 84	{ Tourist Welcome Center	US 65 & 84 1401 Carter St. (US 84) Vidalia, LA
Re-entry from Mississippi on I-20	{ Tourist Welcome Center	836 I-20 West Tallulah, LA
From the Southeast area on LA 1	Paragon Casino	711 Paragon Place Marksville, LA
From the Southeast/Central areas on I-49	Sammy's Truck Stop	I-49, Exit 53 3601 LA 115 W Bunkie, LA
From the Southeast/Central areas on US 71	ø Med Express Office	7525 US 71 Alexandria, LA
From the Southeast/Southwest/Central areas on US 171 and I-49	> P.E. Gym LSU-Shreveport	One University Place Shreveport, LA
From the Southwest area on US 171] Pickering High School	180 Lebleu Rd. Leesville, LA
From the Southwest/Central areas on US 165	∫ Mowad Civic Center	5 th Ave. and 10 th St. 1 blk. Off US 165 Oakdale, LA

AGENCY CONTACT INFORMATION

American Red Cross

www.preparelouisiana.redcross.org

- Acadiana Chapter (Lafayette)
- Central Louisiana Chapter (Alexandria)
- Louisiana Capital Area Chapter (Baton Rouge)
- Northeast Louisiana Chapter (Monroe)
- Northwest Louisiana Chapter (Shreveport)
- Southeast Louisiana Chapter (Greater New Orleans)
- Southwest Louisiana Chapter (Lake Charles)
- St. Bernard Parish Chapter

(866) GET-INFO or (866) 438-4636

(337) 234-7371

(318) 442-6621

(225) 291-4533

(318) 323-5141

(318) 865-9545

(800) 229-8191

(337) 478-5122

(504) 278-4228

Louisiana Department of Transportation and Development

www.dotd.louisiana.gov

- Customer Service Center

(225) 379-1232,
toll-free (877) 4LADOTD
or (877) 452-3683

Louisiana Office of Homeland Security and Emergency Preparedness

www.ohsep.louisiana.gov

(225) 925-7500

Louisiana State Police

www.lsp.org

Road Home Closure Information

(800) 469-4828

- Troop A (Baton Rouge)
- Troop B (Kenner)
- Troop C (Gray)
- Troop D (Lake Charles)
- Troop E (Alexandria)
- Troop F (Monroe)
- Troop G (Bossier City)
- Troop I (Lafayette)
- Troop L (Covington)

(800) 969-2059

(800) 964-8076

(800) 659-5907

(888) 225-5577

(800) 256-4160

(866) 292-8320

(866) 853-6580

(888) 768-8746

(888) 339-8659

or dial *LSP (*577) from a cellular phone

Louisiana Department of Social Services

www.dss.state.la.us

Louisiana Department of Health and Hospitals

www.dhh.state.la.us

Louisiana Attorney General

- Hurricane Hotline
- Fair Housing Hotline
- Investigations
- Medicaid Fraud

(800) 351-6712

(800) 273-5718

(800) 488-2770

(800) 799-6885

U.S. Department of Homeland Security

www.ready.gov

National Weather Service

www.srh.noaa.gov

FAMILY COMMUNICATIONS PLAN

Setting up a family communications plan ahead of time will help make sure you and your family can connect as easily and quickly as possible.

- Designate an individual outside of the state to serve as a family point of contact. (After a disaster, it's often easier to call out-of-state than within the affected area.)
- Make sure that all family members know who this person is and how to contact him/her.
- After a disaster or evacuation, all family members should make contact with the designated individual. Try choosing a certain time for everyone to check in.

RADIO FREQUENCY SYSTEM

- **Louisiana Emergency Alert System**

The following radio stations are key participants in the Louisiana Emergency Alert System. In the event of an emergency, these stations will broadcast emergency information.

Alexandria
AM 970 (KSYL)
AM 580/FM 96.9 (KZMZ)
FM 93.1 (KQID)

Baton Rouge
AM 1150 (WJBO)
FM 102.5 (WFMF)

Crowley
FM 102.9 (KAJN)

Lafayette
AM 1330 (KVOL)
FM 99.9 (KTDY)

Lake Charles
AM 1470 (KLCL)
FM 99.5 (KHLA)

New Orleans
AM 870 (WWL)
FM 101.9 (WLMG)

Northeast
AM 540/FM 101.9 (KNOE)

Ruston
AM 1490 (KRUS)
FM 107.5 (KXKZ)

Shreveport
AM 1130/FM 94.5 (KWKH)

- **NOAA Weather Radio (NWR)**

NOAA Weather Radio is a nationwide network of radio stations broadcasting continuous weather information direct from a nearby National Weather Service office. NWR broadcasts National Weather Service warnings, watches, forecasts and other hazard information 24 hours a day.

PUBLIC SHELTER INFORMATION

Shelters are operated by trained individuals and ensure that the safety, security, and basic needs of its residents are met.

What to bring to a shelter?

- Change of clothing, blanket, and pillow for each family member
- Your disaster supply kit, including food, medications, comfort items, and special items for infant or elderly family members.

What NOT to bring?

- There are no weapons, drugs, alcohol, or pets (service animals excluded) allowed in shelters.

SHELTER-IN-PLACE INFORMATION

“Sheltering in place” is a precaution aimed at keeping citizens safe while remaining indoors. **This is not the same thing as evacuating to a shelter and not recommended for hurricanes.** When a “shelter-in-place” order is given by either local or state government, citizens within the affected area should take the following protective measures:

- Go indoors and close all windows and doors.
- Turn off all sources of outside air (i.e. air conditioners and ventilation fans/ducts).
- Remain indoors until notified that it is safe to move outdoors.
- Stay tuned to your local radio/television station to receive official notices.
- Limit telephone usage to emergency calls only. This is to prevent the telephone lines from being overloaded with non-emergency calls.

SEVERE WEATHER TERMS TO KNOW...

Natural disasters most likely to occur in Louisiana, particularly in low-lying areas bordering the Gulf of Mexico, include hurricanes and flooding due to heavy rains. Residents should be familiar with several terms that describe severe weather conditions:

Storm Surge: An abnormal rise of the sea along a shore as the result, primarily of the winds from a storm.

Watch: Adverse conditions are **possible** in the specified area of the WATCH, usually within 36 hour. May be applied to the thunderstorms, tornadoes, floods, or hurricanes.

Warning: Adverse conditions are **expected** in the specified area of the WARNING, usually within 24 hours. May be applied to thunderstorms, tornadoes, floods, or hurricanes.

PREPARING YOUR PETS

If you are a pet owner, your family's disaster plan must include your pets. Bring pets indoors at the first sign of danger. If you must evacuate, the best thing you can do to protect your pet is to evacuate them too.

- Identify boarding facilities, veterinarians, or hotels outside of the affected areas that can accept your pets. If you have notice of an impending disaster, call ahead for reservations.
- Pet-friendly shelters may be opened during an evacuation. This information will be available at shelter information points.
- Create a disaster readiness kit for your pet including food, water, first aid supplies, feeding dishes, leashes, carrier, blanket, etc.
- Make sure all family members are aware of these preparations.